

Honey Sauce

A sweet sauce to go with **Bollito Misto**¹, the **Italian**² stew.

Ingredients

- 60 ml **FAIRTRADE** honey
- 60 ml beef broth
- 5 ml powdered mustard
- 12 **FAIRTRADE** brazil nuts

Method

Preparation

Mix together the honey, the broth and the mustard.

Grate the nuts fine and add to the mixture. Stir well.

To serve

Serve chilled.

¹http://www.fairtradecookbook.org.uk/recipes/bollito_misto.htm

²<http://www.fairtradecookbook.org.uk/countries/italy.htm>