

# Cole Slaw

This is a big dish for a party buffet, it makes at least ten portions. So use half of the ingredients if you wish.

This is a celebration dish from **Brazil**<sup>1</sup>.

## Ingredients

- 1 small cabbage
- 300 ml mayonnaise
- 200 ml natural yoghurt
- 60 ml cider vinegar
- 1 small onion, chopped finely
- 15 ml **Fair trade** curry powder<sup>2</sup>.
- 2.5 ml **FAIRTRADE** turmeric.
- 100 g **FAIRTRADE** chopped Brazil nuts
- 500 g frozen peas
- 200 g **FAIRTRADE** raisins

## Variation

Add a couple of de-cored chopped apples for a sweeter touch.

For a little colour, add a grated carrot.

## Method

Mix the mayonnaise, yoghurt, vinegar, onion, curry powder, turmeric and chopped nuts together in a mixing bowl.

Add the cabbage, thawed peas and raisins and turn until all of the cabbage is covered in dressing.

Adjust the taste with salt and pepper seasoning.

Chill in the refridgerator before use.

## To serve

Serve chilled.

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<sup>1</sup><http://www.fairtradecookbook.org.uk/countries/brazil.htm>

<sup>2</sup>[http://www.fairtradecookbook.org.uk/recipes/curry\\_powder.htm](http://www.fairtradecookbook.org.uk/recipes/curry_powder.htm)