

# Apricots in Orange Marinade

A delicious tangy fresh dish.

Breakfast with a zing, or just a light sweet course.

Serves two. Ascribed to **Scotland**<sup>1</sup>.

## Ingredients

150 gm **FAIRTRADE** dried apricots

4 small **FAIRTRADE** oranges

## Method

Quarter the dried apricots (Tropical Wholefoods recommends using scissors).

Just cover the apricots with boiling water.

Juice the oranges on a "lemon squeezer", and add the pulp and juice, but not any pips, to the apricots.

leave to cool, and refridgerate overnight.

## To serve

Serve in a small bowl decorated with a mint leaf.

## Related Recipes

**Apricot and Orange Trifle**<sup>2</sup>

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<sup>1</sup><http://www.fairtradecookbook.org.uk/countries/scotland.htm>

<sup>2</sup>[http://www.fairtradecookbook.org.uk/recipes/apricot\\_and\\_orange\\_trifle.htm](http://www.fairtradecookbook.org.uk/recipes/apricot_and_orange_trifle.htm)